

LADYPAUSE



Peer Support Network

<http://www.yourthyroidandyou.org/ladypause>

PRESENTS

Free Health & Lifestyle Seminars

For

Women Wise in Middle Years

A Forum for Women in Mid Life

Every Third Monday

10.00 AM - 12:00 NOON

Venue:

Community Meeting Room Ground Floor

Brisbane Square Library

266 George Street Brisbane

Monday 20th October 2014

Guest Speaker Janice Beamish



Great Gadgets are designed to give you an introduction to various forms of assistive technology (AT) and how they can help you in your day-to-day activities.

Topics include AT for eating and drinking; bathroom modifications; mobility and communication aids just to name a few! Great Gadget have been an important tool used by LifeTec to highlight the many types of assistive technology available to help people live safer and more independent lives.

Gold coin donation



Tea and coffee provided

Seminar Inquiries Contact Jacqui

Mobile: 0400 300 790 or Email: jacqui_ladypause@bigpond.com



Seminars Organized by Ladypause Peer Support Network

Ladypause Affiliated with Older Women's Network (Qld) Inc

