

LADYPAUSE NETWORK



<http://www.yourthyroidandyou.org/ladypause>
& <http://www.ladypausegroupinfo.org>

PRESENTS

Free Health & Lifestyle Seminars

For

Women Wise in Middle Years

A Forum for Women in Mid Life

Monthly

10.00 AM - 12:00 NOON

Venue:

**Community Meeting Room Ground Floor
Brisbane Square Library
266 George Street Brisbane**

Monday 25th September 2017

Guest Speaker

Rachel Brough From



WHO YOUR BLOOD HELPS

Talking about why donating blood is important, who is eligible, how blood is used and how people can start donating. People of all walks of life need blood products. Some need it to get them through a serious event in their lives, like cancer or a dangerous pregnancy.

Others have medical conditions which mean they need blood products regularly to stay alive or be healthy.

You may be able to donate whole blood, plasma or platelets. Each type of blood donation is used for different medical treatments, and your blood type determines the best donation for you to make.


Gold coin donation




Tea and coffee provided

Seminar Inquiries Contact Jacqui

Email: jacqui@ladypausegroupinfo.org or Phone Mobile: 0400 300 790



Seminars Organized by Ladypause Network

