

LADYPAUSE NETWORK



<http://www.yourthyroidandyou.org/ladypause>
& <http://www.ladypausegroupinfo.org>

PRESENTS

Free Health & Lifestyle Seminars

For

Women Wise in Middle Years

A Forum for Women in Mid Life

**Every Third Monday
10.00 AM - 12:00 NOON**

Venue:

**Community Meeting Room Ground Floor
Brisbane Square Library
266 George Street Brisbane**

Monday 21st March 2016

Guest Speaker Margaret Warren

From



Are you ready for a Lifestyle Change

As we get older our needs change and sometimes we need a little help if so Inspired Outcomes can help you navigate the complexities of transitioning from your family home to a Resort, Retirement Village or Nursing Home. Margaret and her team can help make the transition process easier by assisting you with all aspects involved in downsizing and sale of your home, through to the right choices in retirement village options.

They can provide assistance and support with the sale of your current property. New home purchase; De-cluttering, packing; removal & unpacking; or induction to professional advice etc.

Gold coin donation



Tea and coffee provided

Seminar Inquiries Contact Jacqui

Email: jacqui@ladypausegroupinfo.org or Phone Mobile: 0400 300 790



Seminars Organized by Ladypause Network

